

# Weekly Group Activity Calendar For Women Only

Mon	Tue	Wed	Thur	Friday	Sat
<b>Textiles</b> (Sewing classes) At: Lodge Primary School – West Bromwich 9.30 - 11.30 am	<b>Aerobics</b> 9:30 - 10:30 am At: Lodge Community centre – W/B	<b>Fruit Carving followed By beauty package</b> At: Lodge Primary School – W/B 9.30 – 11.30 am	<b>Paediatric First Aid</b> 9.00 - 11.00 am At CBO Training Centre	<b>ICT</b> 9.15 - 11.15 am At: Lodge comm. Centre – W/B	<b>Maths Family Learning</b> At CBO Training Centre 10:00 till 12:00 pm
	<b>Smethwick</b> Fruit Carving followed By beauty package 10.00 – 12.00 pm Followed by Jewellery beading		<b>Extend/Luncheon Club</b> 10.00 - 11.00 am At: Lodge comm. Centre – W/B	<b>Conversation Class</b> At: CBO 9:30 - 11.30 am	<b>Swimming West Bromwich</b> 2:30-4:00 pm <b>Transport from Lodge Rd</b> at 2:25 pm
<b>Wednesbury</b>	<b>Wednesbury:</b>		<b>Islamic Faith Circle</b> At CBO Training Centre – W/B 5.00 - 6.30 pm		<b>Wednesbury:</b>
<b>Fruit Carving</b> Followed By beauty package 10.00 – 12.00 pm Followed by Textiles	<b>Conversation class</b> Wednesbury library 10.00-12.00 pm				<b>Swimming</b> 1:30-3:30pm <b>Transport from Corporation Street</b> at 1:25 pm

## CBO

(Confederation of Bangladeshi Organisations)

8-10 Carters Green, West Bromwich,  
West Midlands, B70-9LW  
Phone: 0121-500-5441

**For one to one advice sessions please call in at CBO**  
**Appointments are available Mon-Fri 9:00 am till 5:00pm**

**Website: [www.cbo786.co.uk](http://www.cbo786.co.uk)**

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