

BRIDGES Case Study

Mrs B is originally from Nepal and moved to the UK with her husband, she is a mother of two children. Before joining the Bridges Project, Mrs B had already obtained an Entry 2 Qualification in ESOL but had no meaningful work experience.

Mrs B had been unemployed for over 5 Years and was eager to enter the labour market and to be able to provide for her two dependent children; however after completing endless job applications Mrs B was unsuccessful in obtaining work, due to the continuous rejections, Mrs B became dejected and suffered from low self-confidence and self-esteem.


Mrs B enrolled onto the Bridges Project in April 2017 the following areas were identified for support, careers IAG, training and work experience, CV building and Job search, and developing functional skills.

Mrs B began attending Bridges Maths and English and engaging in CV Building Support sessions and completed a short course in Nutrition Awareness.

Unfortunately Mrs B suffered from an injury that resulted in Surgery, which hindered her attendance to sessions. Due to the gap in her engagement she experienced difficulties in reengaging back onto project however, project staff was able to provide support to address barriers experienced by Mrs B enabling her to engage in 1-2-1 and group interventions.

Mrs B received extensive support around Careers IAG, Employability and Functional Skills development, CV building and Job Search, and was successful in gaining employment as a Cleaner at Aston University.

Mrs B has also recently passed her Driving Test and is feeling positive about her future and employment prospects.



“I am very happy with myself and the progress I have made”

